

Hiking Summit 2024 Program Overview

May 31 to June 2, 2024 in Antigonish

Keppoch Mountain and St. FX University

Friday, May 31 *Keppoch Mountain (193 Keppoch Rd)*

- 12:00pm - 8:00pm Registration at Keppoch Mountain
3:00pm - 5:00pm Afternoon hikes at Beaver Mountain Provincial Park
Meet at the park before 3 pm
5:00pm - 6:00pm Supper on Your Own - [Local restaurants listed here](#)
6:00pm - 7:30pm Welcome Reception - Snacks & cash bar
8:00pm - 9:30pm Sunset hike at Keppoch
8:00 pm onward Bonfire and relaxing time at Keppoch

Saturday, June 1 *St. FX University's Mulroney Hall (2332 Notre Dame Ave.)*

- 6:00am - 7:00 am Morning walk on the Antigonish Landing Trail
7:00am - 8:45am Breakfast on Your Own
7:45am - 8:45am Registration
8:45am - 9:30am Official Opening
9:30am - 10:30am Mi'kmaq Ancient Trails presentation: Wasuek Googoo and Michelle Richards
10:30am - 11:00am Nutrition Break
11:00am - 11:45am Breakout Sessions - Choose between: Intersection of Trail Construction and Archaeology presentation; and Panel on Natural Disasters Impact on Trails
11:45am - 12:30pm Lunch at Morrison Hall (4500 Alumni Cres.)
12:30pm - 1:00pm Travel to Trailheads
1:00pm - 5:00pm Afternoon Hikes - Please attend the Track you registered for
6:00pm - 9:00pm Supper, Summit Award & Silent Auction (Bloomfield Centre, MacKay Room (5555 Union Place) and Making Room for Nature talk
9:00 pm onward Entertainment

Sunday, June 2 *St. FX University's Mulroney Hall (2332 Notre Dame Ave.)*

- 6:00am - 7:00am Morning walk on the Antigonish Landing Trail
7:00am - 8:00am Breakfast on Your Own
7:30am - 8:00am Registration & Silent Auction Pick-Up
8:00am - 8:30am Travel to Trailheads
8:30am - 10:30am Morning Hikes - Please attend the Track you registered for
10:45am - 11:15am Nutrition Break & Silent Auction Pick-Up
11:15am - 12:15pm Breakout Sessions - Choose between: Health on the Trails; Signage Practices; Whistler's Way
12:30pm - 1:00pm Summit Closing
1:00pm - 1:45pm Lunch at Morrison Hall (4500 Alumni Cres.)
1:45pm - 2:15pm Travel to Trailheads
2:15pm - 4:15pm Afternoon Hikes - Please attend the Track you registered for

Summit ends - see you next year!

Hiking Summit

May 31 to June 2, 2024

With Co-hosts



KEPPOCH

MUNICIPALITY OF THE COUNTY OF

ANTIGONISH

THE TOWN OF

ANTIGONISH

Sponsors

MUNICIPALITY OF THE COUNTY OF

ANTIGONISH

THE TOWN OF

ANTIGONISH



We thank Sobeys, Atlantic Superstore and MP Sean Fraser for their support